



## Activities in Humboldt

### Monday, September 26

8:00 am - 9:00 am	Rummy		Seniors Hall 701 6th Ave.
9:00 am - 9:45 am	Aquacize	9-11:30 am Tea & Cookies from Free	Uniplex Aquatic Centre
10:00 am - 11:00 am	Senior Swim	"Partners" Family Services Free	Uniplex Aquatic Centre
1:00 pm	Bridge		Seniors Hall 701 6th Ave.
1:00 pm - 3:00 pm	Ladies Afternoon at the Movies	\$6.50	Reel Attractions Theatre 9th Street
5:30 pm	City Council Meeting Everyone Welcome		Seniors Hall 701 6th Ave.

### Tuesday, September 27

8:00 am - 9:00 am	Rummy		Seniors Hall 701 6th Ave.
9:00 am - 11:00 am	Coffee & Donuts	\$2.00	Seniors Hall 701 6th Ave.
10:00 am - 10:30 am	Physiotherapists Debora Zimroz and Mackenzie Fast Talking Exercise and kick off to a new program at the hall.		Seniors Hall 701 6th Ave.
1:00 pm - 3:00 pm	Mens Afternoon at the Movies	\$6.50	Reel Attractions Theatre 9th Street
6:30 pm - 7:30 pm	Forever...in motion walking group		Seniors Hall 701 6th Ave.

### Wednesday, September 28

8:00 am - 9:00 am	Rummy		Seniors Hall 701 6th Ave.
10:00 am - 11:00 am	Morning Chit Chat - Special Guest SK Author Deana Driver - sponsored by Reid Thompson Public Library	Free	Seniors Hall 701 6th Ave.
10:00 am - 11:00 am	Senior Swim	Free	Uniplex Aquatic Centre
1:00 pm - 4:00 pm	Bingo		Seniors Hall 701 6th Ave.
7:30 pm - 10:00 pm	Dance	\$4.00 Members \$5.00 Non-members	Seniors Hall 701 6th Ave.

### Thursday, September 29

9:30 am - 2:00 pm	Buck's Bar & Grill Bus Trip		Seniors Hall 701 6th Ave.
	Pre-register at Seniors Hall -ASAP		

### Friday, September 30

7:30 am - 8:30 am	Forever in Motion Walking Group		Seniors Hall 701 6th Ave.
7:30 am - 10:00 am	Pancake Breakfast - Everyone Welcome	\$5.00	Seniors Hall 701 6th Ave.
9:00 am - 9:45 am	Aquacize	Free	Uniplex Aquatic Centre
10:00 am - 11:00 am	Senior Swim	Free	Uniplex Aquatic Centre
1:00 pm - 5:00 pm	Humboldt Art & Culture Day		Humboldt District Museum & Gallery 715-6Ave.

### Saturday, October 1

8:00 am - 9:00 am	Rummy		Seniors Hall 701 6th Ave.
1:30 pm - 3:30 pm	Dave & Theresa Klashinsky Golden Oldies Music /Dance with Coffee & Dessert	\$4.00	Seniors Hall 701 6th Ave.

### Sunday, October 2

2:00pm - 4:00 pm	Open Mic & Music Jam Session	\$2.00	Seniors Hall 701 6th Ave.
------------------	------------------------------	--------	---------------------------



For more information on these & other Senior Week Specials please contact:

Humboldt Seniors Hall @ 306-682-3864 Marguerite @ 306-682-3222

**Everyone is welcome to attend these events**