It's For Your Benefit

A Guide to Health Coverage in Saskatchewan

www.health.gov.sk.ca/health-benefits

Government of Saskatchewan
Ministry of Health

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1. Introduction

Saskatchewan's publicly-funded, publicly-administered health care system is a source of pride for Saskatchewan people. Medicare was born in this province in 1962. Since then, the health care system has grown to include a wide range of services to meet the needs of our residents – to help them stay healthy and to treat them when they are ill. The Saskatchewan Ministry of Health provides coverage – in full or in part – for many of these services. For some services, individuals are responsible for part of or the full cost.

This booklet provides an overview of the benefits to which you are entitled. It also includes information on how to register for benefits, the costs of providing some common services and where our province's health dollars go.

Knowing what programs and services are available and what you are covered for can help you make the best possible use of the health system and make informed decisions on the purchase of supplemental insurance for you and your family.

This booklet is designed to provide a general outline only. If you need more specific information, please refer to Contact Information at the back of the booklet.

2. How to Register for Health Benefits

Saskatchewan Residents

If you make your home in Saskatchewan and you ordinarily live in the province at least six months a year, you are eligible for Saskatchewan Health benefits. Everyone must be registered with the Saskatchewan Ministry of Health to be eligible for benefits.

Health benefits for members of the Canadian Forces and inmates of federal penitentiaries are covered under federal government programs. Their spouses and dependents, however, are eligible for provincial coverage and must register with the Health Registration Branch, Saskatchewan Ministry of Health.

The Health Registration Branch issues a health services card to each family member once their applications have been approved. The card is mailed just prior to the effective date of coverage.

A Saskatchewan Health Services card is a valuable personal identification card, which you should be prepared to present whenever you need health services and for no other reason. Always carry your Saskatchewan Health Services card and present it when receiving health services.

Note: If your card is lost or damaged, call or write to the Health Registration Branch immediately for a replacement card:
Health Registration Branch
100-1942 Hamilton St
Regina, SK S4P 4W2
(306) 787-3251 or 1-800-667-7551
For more information, visit: www.health.gov.sk.ca/saskatchewan-residents.

Notification of Change

If any of the information below changes or is incorrect, please contact Saskatchewan Health Registration immediately:

- address and telephone number
- incorrect spelling of name(s)
- change of name
- incorrect date of birth (proof of age required)
- changes to marital status
- births or deaths
- other changes to family status
- family member attending school out-of-province
- extended vacation or absence from Saskatchewan of three months or more

Newcomers to the Province

If you are new to Saskatchewan and have come from another part of Canada, you are required to register for health coverage. As a general rule, coverage will begin on the **first day of the third calendar month following the date you established residency** in Saskatchewan.

For example - If you establish residency in Saskatchewan on September 27, your coverage would begin on December 1.

This excludes people who are eligible for benefits under other Saskatchewan or federal programs. (See *Special Classes of Newcomers* on page 6.)

You will have no interruption in health coverage if you move within Canada, as your home province covers you until your Saskatchewan benefits take effect.

For more information, visit: www.health.gov.sk.ca/newcomers-benefits.

Married/Common-law Couples:

- If you arrive in Saskatchewan and your spouse does not arrive with you, but joins you within 12 months of your arrival, Saskatchewan Health begins coverage for both of you starting the first day of the third calendar month following the arrival of your spouse in the province.

  For example - If you arrive January 1 and your spouse arrives June 10, Saskatchewan Health would begin to cover you both on September 1.

- If your spouse does not join you within the 12-month period, you will each be considered individually. Your coverage will begin at the **end of the 12-month period** and your spouse's coverage will begin the **first day of the third calendar month following his or her arrival.**

  For example - If you arrive in Saskatchewan January 1, 2009 and your spouse joins you in June 2010, your Saskatchewan coverage begins January 1, 2010 (at the end of the 12-month period), and your spouse's coverage begins September 1, 2010.

In both situations, your former province of residence will continue to cover you while you're in Saskatchewan until your Saskatchewan coverage takes effect.

For more information, visit: www.health.gov.sk.ca/health-benefits.

Special Classes of Newcomers

The Saskatchewan Ministry of Health covers health services for certain special classes of newcomers from outside Canada who move to Saskatchewan on or before the first day of the third calendar month after arriving in Canada. If you are among the groups identified below, you may be eligible for benefits from the day you move to Saskatchewan.

- permanent residents (landed immigrants)
- people discharged from the Canadian Forces
- non-immigrants who are in Canada in connection with their trade or profession
- international students
- returning spouses of Canadian Forces members
- returning Canadian citizens
- returning residents

For more information, visit: www.health.gov.sk.ca/newcomers-benefits.

How to Register

Application forms to register for a Saskatchewan Health Services card are available from the offices of administrators of towns, villages, rural municipalities, Saskatchewan Health Registration or visit: www.health.gov.sk.ca/how-to-register.

You may register yourself, your spouse and all dependents under 18 years old who are in Saskatchewan. The Saskatchewan Ministry of Health also requires information about children or dependents remaining in another Canadian province or territory and intending to relocate to Saskatchewan upon completion of their current school year.

If you are single and 18 years old or over, you must register separately.

Benefits If You Are Temporarily Outside Canada (includes students who are temporarily away at school)

If you attend school full time outside Canada and plan to return to Saskatchewan to live upon completion of your studies, you will qualify for limited out-of-country coverage. These limitations are significant. The costs outside Canada are often much higher than in Saskatchewan. For this reason, we strongly recommend residents carry extra medical insurance when studying outside Canada.

To verify your student status, Saskatchewan Health Registration requires a statement of enrollment from your school.

For more information, visit: www.health.gov.sk.ca/student-benefits.

You may retain limited coverage while away for the purposes of a vacation, visit, business engagement or employment up to one year provided you intend to return to Saskatchewan to live.

In all situations where you will be temporarily **absent from the province for more than three months**, the Saskatchewan Ministry of Health requires you to let Saskatchewan Health Registration know:

- the date you intend to leave Saskatchewan
- your intended return date
- the reason for your absence from the province

Following any extended absence from the province, you need to contact the Saskatchewan Ministry of Health to ensure your Saskatchewan Health Services card is still active and you are entitled to benefits.

Benefits While Working Temporarily Outside of Canada

If you obtain a work contract outside Canada for up to 24 months, you may be eligible for limited out-of-Canada benefits for the period of your work contract. These limitations are significant. The costs outside Canada are often much higher than in Saskatchewan. For this reason, we strongly recommend residents carry extra medical insurance when working temporarily outside Canada.

To retain coverage, the Saskatchewan Ministry of Health requires you to provide Saskatchewan Health Registration with:

- the date you intend to leave Saskatchewan
- your intended return date
- a copy of your work contract

For more information, visit: www.health.gov.sk.ca/health-benefits.

Your Benefits If You Move From Saskatchewan

If you leave Saskatchewan to set up residency elsewhere in Canada, your Health Services card is valid for the balance of the month you move plus the next two full months.

Please provide Saskatchewan Health Registration with your new address and the date you will be leaving the province. In addition, you should register for benefits in your new province of residence immediately upon arrival.

Married/Common-law Couples:

- If you leave Saskatchewan and your spouse does not leave with you, but joins you within 12 months of your departure, Saskatchewan Health **covers both of you until the end of the second month following the month your spouse leaves the province.**

  For example - If you leave Saskatchewan to move to another province January 2 and your spouse joins you on June 10, Saskatchewan continues to cover you both until August 31.

- If your spouse does not join you within the 12-month period, you will each be considered individually. Your coverage will **begin at the end of the 12-month period** and your spouse's coverage will begin the **first day of the third calendar month following his or her arrival.**

  For example - If you move from Saskatchewan to another province January 1, 2009 and your spouse joins you June 10, 2010, Saskatchewan Health covers you from January 1, 2009 to December 31, 2009 and your spouse for the period January 1, 2009 through August 31, 2010.

For more information, visit:
www.health.gov.sk.ca/health-benefits.

Organ and Tissue Donation

Organ donation saves lives.

Consider being an organ donor and let your family and friends know your wishes. If you are over 18, place the red ‘organ donor’ sticker on your Saskatchewan Health Services card and sign your consent card. Contact the Saskatchewan Ministry of Health at 1-800-667-7551 for additional organ donor stickers.

The stickers alone do not guarantee a donation. It is important that your family knows your wishes. They would need to provide consent if something happens to you. Visit www.isanorgandonor.com for another way to let your family and friends know you want to be an organ donor.

For more information, visit: www.health.gov.sk.ca/organ-and-tissue

For more information about Saskatchewan Health Registration, contact:

Saskatchewan Health Registration
100 - 1942 Hamilton Street
Regina, Saskatchewan, S4P 4W2
Regina: (306) 787-3251
Toll free: 1-800-667-7551
www.health.gov.sk.ca/how-to-register

3. The Saskatchewan Ministry of Health Covers the Full Cost of These Services

The following medical and community services are public services and are covered in publicly funded facilities for all Saskatchewan residents holding Saskatchewan Health coverage:

HealthLine – The Saskatchewan HealthLine is a free, confidential 24-hour health advice telephone line, staffed by registered nurses. They can provide you with immediate, professional health advice or information and direct you to the most appropriate care. In addition, mental health specialists are available on a 24/7 basis.

For 24-hour health information and advice, call toll-free: 1-877-800-0002 or visit: www.healthlineonline.ca.

All Medically Necessary Physician and Hospital Services – The Ministry of Health covers most physician and hospital services received in Canada as long as they are provided in the publicly funded health care system. This coverage includes visits to physicians' offices, X-ray and laboratory services, diagnostic and surgical procedures and other inpatient or outpatient hospital care. For exceptions, see page 32.

Acquired Brain Injury – Services are provided to individuals with medically confirmed moderate to severe brain injury through your health region or funded community-based organizations.

Physiotherapy or Occupational Therapy – Services may be offered through hospitals, special-care homes, home care and community-based health programs. Private clinics that have contracts with Saskatchewan health regions typically provide a limited number of visits. These services can include assessment, intervention, consultation, prevention and education.

Screening Mammography for Women Aged 50 to 69 – These services are covered through the Screening Program for Breast Cancer centres. If a physician sends a patient elsewhere, the Ministry of Health continues coverage.

Saskatchewan Cancer Agency – For all questions regarding new patient information, referral centres, counseling and support, out-of-province treatment, pediatric patients, patient wait times, prevention, early detection and research, contact:

Saskatoon Cancer Centre
20 Campus Drive
Saskatoon, Saskatchewan S7N 4H4
Telephone: (306) 655-2662
Fax: (306) 655-2910

Allan Blair Cancer Centre
4101 Dewdney Avenue
Regina, Saskatchewan S4T 7T1
Regina: (306) 766-2213
Fax: (306) 766-2688

For information on early detection and screening programs contact: 1-800-667-0017 (Regina) or 1-800-567-7271 (Saskatoon)
Website: www.saskcancer.ca

For the quality of care coordinator, call 1-866-577-6489 or (306) 791-2780.

Speech Language Pathology – Services are provided through hospitals, special-care homes or community agencies. Services target pre-schoolers and adults and can include assessment, intervention, consultation, prevention and education.

Behavioral Intervention Services – Services are provided through health regions for children with Autism Spectrum Disorder and their families.

Immunization Services – The Saskatchewan Ministry of Health protects children against childhood diseases such as diphtheria, tetanus, whooping cough, polio, haemophilus influenzae B, measles, mumps, German measles, chickenpox, meningitis, hepatitis B, pneumonia, influenza, and human papilloma virus. Immunizations for children are offered at clinics and schools throughout the province.

- Children under age two with medical conditions that put them at high risk are eligible for pneumoccocal vaccine.
- People 65 and over and those under 65 with high-risk medical conditions are also eligible for free influenza and pneumococcal immunizations.

For more information, contact your local Saskatchewan health region.

Sexually Transmitted Infection (STI) Treatment – Under the publicly funded program, the Saskatchewan Ministry of Health provides approved medication for the treatment of sexually transmitted infections. These medications are supplied to STI clinics in various locations in the province and also to physicians through the health regions. Medications are provided at no cost.

For more information, contact your physician, STI clinic or the public health office in your health region.

Human Immunodeficiency Virus (HIV) Testing – HIV antibody testing can be done through a private physician, STI clinic, or an HIV anonymous testing clinic. These clinics are located in Regina, Saskatoon and Prince Albert. Anonymous testing clinics do not require clients to give their identity, and the testing is free.

For more information, telephone your physician, STI clinic or HIV anonymous testing clinic or your local Saskatchewan health region.

Optometric Services – Your costs for these services are covered if you:

- are under 18 years old
- receive a Seniors' Income Plan supplement
- receive benefits under the Supplementary Health Program or Family Health Benefits (See *Special Coverage for Low-Income Families*.)

If you fall within any of the above groups, then:

- routine eye examinations are limited to:
  - » one per 24-month period if you are between 18 and 64 years old.
  - » one per 12-month period if you are any other age.
- partial eye examinations are covered except when your optometrist provides the service within 90 days of a routine eye examination.
- glaucoma testing is covered when your optometrist provides it during a routine eye examination and you are 18 years of age or older.

Services for Persons with Diabetes and other Chronic Diseases – The Saskatchewan Ministry of Health covers services provided through your local Saskatchewan health regions to individuals and families for the management of chronic diseases such as diabetes, asthma, high blood pressure, anxiety and some other chronic conditions.

Treatment of Alcohol and Drug Abuse Problems – The Saskatchewan Ministry of Health covers services provided through your local Saskatchewan health region, the Métis Addictions Council of Saskatchewan Incorporated and the Saskatchewan Impaired Driver Treatment Centre to individuals and families affected by alcohol and drug abuse.

For more information, contact your local Saskatchewan health region.

Services for Treating Mental Health Problems and Mental Disorders – The Saskatchewan Ministry of Health covers services that are provided through your local Saskatchewan health region for the treatment of mental health problems and mental disorders.

For more information, visit:
www.health.gov.sk.ca/mental-health.

Services for Treating Gambling Problems – The Saskatchewan Ministry of Health covers services that are provided through your local Saskatchewan health region to individuals and families for the treatment of problem gambling.

For more information, contact your local Saskatchewan health region or telephone:

Problem Gambling Help Line
Toll-free 1-800-306-6789
www.health.gov.sk.ca/problem-gambling.

Out-of-Province Prescription Drug Coverage – If you buy a prescription or receive health services anywhere in Canada, be sure to keep your receipt. You are eligible for the same drug benefits in other provinces as you are in Saskatchewan. Submit the original receipt to the Drug Plan and Extended Benefits Branch. Be sure the name of the pharmacy or health care provider and all drug information are on the receipt.

Quality of Care Coordinator – Every health region and the Saskatchewan Cancer Agency has a Quality of Care Coordinator or Client Representative. The role of the Quality of Care Coordinator is to:

- assist individuals and families with questions or concerns about health services in their region;
- ensure individuals are informed about their rights and options;
- recommend changes and improvements to enhance the quality of health services delivered in the region based on their findings and trends of concerns raised.

For more information, call your local Saskatchewan health region or locate your local Quality of Care Coordinator or Client Representative online at: www.health.gov.sk.ca/quality-of-care-coordinators.

Note: Concerns about the conduct of a health care provider may be raised with the appropriate professional association, such as those listed online at: www.health.gov.sk.ca/professional-associations.

Surgical Care Coordinators – For answers to questions about your status on the wait list, an estimated wait time and booking procedures, contact your surgeon's office or your local Saskatchewan health region Surgical Care Coordinator:

Saskatoon Surgical Care Coordinator:

Toll Free: 1-866-543-6767
Local : 655-0567

Regina Qu'Appelle Surgical Care Coordinator:
Toll Free: 1-866-622-0222
Local: 766-5241
TTY Access: 1-866-312-7674

www.health.gov.sk.ca/surgical-care-coordinators

For more information about the Saskatchewan Surgical Care Network, visit: www.sasksurgery.ca.

Midwifery – Midwifery services are available in Saskatoon and will be available in Regina in the near future. As more midwives are licensed and able to provide services, other health regions will offer these services. Midwifery birth options are available in and out of hospital. Where a midwife is an employee of a regional health authority, there is no cost to the family. If a midwife chooses to establish a private practice, clients will be charged directly for these services.

For more information, contact your local Saskatchewan health region or visit: www.health.gov.sk.ca/midwifery.

Physician and Hospital Services Within Canada – Under the *Canada Health Act*, Saskatchewan Health covers most hospital and physician services received in Canada by a reciprocal billing arrangement, as long as these services are provided within the publicly funded health care system. Quebec is an exception. *See Physician Services Received in Quebec* on page 38.

Before patients receive services in another province, they should ask the clinic or health facility if their health card is valid and will be honoured.

Dental implants – Dental implants are covered in exceptional situations where no other method of treatment is appropriate. Coverage will be limited to circumstances related to tumours and congenital defects (cleft palate and metabolic disorders). Coverage will require a specialist in oral maxillofacial surgery to request prior approval from the Ministry of Health by submitting in writing information and rationale to support the request. Coverage is limited to the initial cost to provide dental implants and does not extend to ongoing maintenance costs. Dental implants for trauma, post-surgical temporomandibular joint disorder (TMJ), or cosmetic purposes will not be covered.

4. Prescription Drug Services

Seniors' Drug Plan (65+) – Saskatchewan residents who are 65 years of age and older with a reported income (Line 236) that is less than the Federal Age Tax Credit will be eligible for the income tested Seniors' Drug Plan. Individuals must submit a complete application form to be approved for benefits. This program ensures that Saskatchewan seniors pay $20 per prescription for drugs listed in the Saskatchewan Formulary or approved under Exception Drug Status.

The Seniors' Drug Plan does not include seniors who are covered under federal government programs, such as the federal Non-Insured Health Benefits Program or Veterans Affairs Canada.

Seniors with Guaranteed Income Supplement (GIS) or Seniors' Income Plan (SIP) will continue to have a $200 or $100 semi-annual deductible, after which they pay 35%. Individual prescriptions under these two programs will be the lesser of the 35% co-payment or $20.

Seniors with Special Support coverage will pay the lesser of the Special Support co-payment or the $20 per prescription. Application forms are available at:

- any pharmacy
- online at: www.health.gov.sk.ca/seniors-drug-plan or
- Drug Plan and Extended Benefits Branch
  Regina: (306) 787-3317
  Toll-free: 1-800-667-7581

Children's Drug Plan – Saskatchewan residents 14 years of age and under qualify automatically for the Children's Drug Plan. This program ensures that Saskatchewan children pay $20 per prescription for drugs listed in the Saskatchewan Formulary or those approved under Exception Drug Status. No application is required.

The Children's Drug Plan does not include children who are covered under federal government programs, such as the federal Non-Insured Health Benefits Program.

Children covered under their family's Special Support Program coverage will pay the lesser of the Special Support co-payment or the $20 per prescription.

For more information visit: www.health.gov.sk.ca/childrens-drug-plan.

Prescription Drugs – The Drug Plan and Extended Benefits Branch provides benefits to eligible Saskatchewan residents for certain drugs prescribed outside Saskatchewan hospitals. Residents whose prescription drug costs are paid for by another government agency are not eligible for coverage under the Drug Plan.

The Saskatchewan Formulary lists approximately 4,000 products that are covered under the Drug Plan and Extended Benefits Branch. Diabetic supplies such as needles, syringes, lancets and swabs are included under the Drug Plan and Extended Benefits Branch.

For more information about which drugs are included in the Saskatchewan Formulary, visit: www.health.gov.sk.ca/formulary.

Note: Ask your physician or pharmacist if the drug being prescribed for you is included in the Formulary. Prescriptions filled outside of Canada are not covered.

Special Support Program – The Special Support Program is an income-based program that helps spread prescription drug costs evenly over the entire year. It has been designed to help those with high drug costs in relation to their income.

Anyone with valid Saskatchewan Health coverage may apply for the Special Support Program.

If you believe your drug costs may exceed 3.4 per cent of your income, you are encouraged to apply for Special Support. The family's co-payment is determined by the amount that the family drug costs exceed 3.4 per cent of the adjusted combined family income.

Note: If the family income or medication costs change during the coverage period, you may make a written request for a reassessment of coverage to the Drug Plan and Extended Benefits Branch.

Application forms are available at Saskatchewan pharmacies. For more information on the Special Support Program call the Drug Plan at:

Regina: (306) 787-3317
Toll-free: 1-800-667-7581
www.health.gov.sk.ca/special-support-program.

If you are eligible, other programs and coverage include:

Supplementary Health Benefits – The Ministry of Social Services determines eligibility for coverage under Supplementary Health Benefits.

For more information visit:
www.health.gov.sk.ca/supplementary-health.

Palliative Care Drug Program – Palliative Care Coverage is intended for residents in the late stages of terminal illness.

For more information about palliative care drug coverage visit: www.health.gov.sk.ca/palliative-care-program.

Note: Palliative Care coverage may only be requested by a doctor on behalf of a patient.

Saskatchewan Aids to Independent Living (SAIL) – If you receive benefits through specific programs under SAIL, you may not be charged for prescription drugs listed in the Saskatchewan Formulary.

For more information, contact:
Regina: (306) 787-7121
www.health.gov.sk.ca/aids-independent-living.

Exception Drug Status – Exception Drug Status (EDS) is criteria-based coverage for drug products where regular benefit listing in the Saskatchewan Formulary may not be appropriate or possible. Drugs are designated as EDS for a variety of reasons:

» The drug is used infrequently since the alternatives listed in the formulary are usually effective.
» The drug may be prescribed for use in other-than-approved conditions.
» There is potential for the development of widespread misuse of the drug.
» The drug is more expensive than the listed alternatives and offers an advantage in only a limited number of conditions.
» The drug is not usually prescribed in Saskatchewan.

The list of EDS products and the EDS criteria for each drug is located in the preface of the formulary. The formulary is available on the Saskatchewan Health website.

For an EDS drug to be a benefit for an individual patient, an application for the specific EDS drug must be made to the Drug Plan and Extended Benefits Branch and certain medical criteria must be met. EDS coverage may only be requested by a prescriber or pharmacist on behalf of a patient.

For more information about Exception Drug Status, contact:
Regina: (306) 787-8744
Toll-free: 1-800-667-7581
www.health.gov.sk.ca/exception-drug-status

Note: If you are ineligible for any of the above benefits, you may wish to obtain private medical insurance. Otherwise, you will be responsible for the full cost of your prescriptions.

5. The Saskatchewan Ministry of Health Covers Part of These Services

Saskatchewan Air Ambulance Service

The Saskatchewan Ministry of Health provides Air Ambulance services to transport the ***critically ill or injured*** to most locations in the province, depending on the location of health facilities and appropriate air strips.

The Saskatchewan Air Ambulance Service does not include people who are covered under federal government programs, such as the federal Non-Insured Health Benefits Program.

There is a charge to the patient of $350, as well as the cost of the road ambulance trip to and from the airport.

This charge helps cover the full cost of a flight, which on average is about $5,400. ***Flights must be ordered by a physician and will be screened based on critical care criteria.*** The patient charge is waived for beneficiaries of the Supplementary Health Program or Family Health Benefits Program. (See Special Coverage for Low-Income Families.)

Note: The Saskatchewan Ministry of Health does not pay for the return of Saskatchewan residents who have a medical emergency outside the province or outside Canada. Residents are strongly encouraged to obtain travel insurance to cover unforeseen costs including emergency care and transportation when travelling outside the province or outside Canada.

For more information, visit: www.health.gov.sk.ca/saskatchewan-air-ambulance.

Physician and Hospital Services Outside of Canada – If patients receive **emergency** medical or hospital care while outside Canada, they will be responsible for paying the difference between the amount charged and the amount the Ministry reimburses.

The costs outside Canada are often much higher than in Saskatchewan. **For this reason we strongly recommend residents carry extra medical insurance when travelling outside Canada.**

Note: For health services to be covered, you must produce a valid Saskatchewan Health Services card. If you cannot, the hospital or physician has the right to ask you to pay your bill.

For more information, call
Regina: (306)787-3475
Toll-Free: 1-800-667-7523
or visit: www.health.gov.sk.ca/out-of-province
or contact your health region.

Northern Air Medical Evacuations – The Saskatchewan Ministry of Health's Northern Medical Transportation Program (NMTP) provides assistance for one-way air medical evacuations out of northern Saskatchewan for all Saskatchewan residents at the request of approved regional medical personnel.

In some instances, private air carriers (licensed for commercial transport) may provide transport to the nearest appropriate health facility. In some instances the Saskatchewan Air Ambulance Service may be called upon.

Note: Return trips are not covered.

For more information, visit: www.health.gov.sk.ca/ambulance.

Road Ambulance – The Saskatchewan Ministry of Health provides funding to the Saskatchewan health regions to help cover the cost of road ambulance services. **For all trips, however, patients are responsible for paying a fee.** Depending on the area of the province, basic charges range between $220 and $300. In addition, there are often distance charges of $2.20 per km (each way) as well as potential waiting charges. These costs may be significant. For this reason, we recommend residents carry extra medical insurance.

There are programs to reduce or eliminate these fees for seniors, low-income families and northern Saskatchewan residents.

- The **Northern Medical Transportation Program** provides coverage for emergency transportation by medical taxi or road ambulance for all northern residents.
- Under the **Senior Citizens' Ambulance Assistance Program (SCAAP)**, senior citizens pay a maximum of $275 per trip for road ambulance service within the province.
- Residents who qualify for the **Supplementary Health Program** are covered for road ambulance services in emergency situations. (See **Special Coverage for Low-Income Families**.)
- Under the **Family Health Benefits Program**, children are covered for road ambulance services in emergency situations. (See **Special Coverage for Low-Income Families**.)

Saskatchewan Pediatric and Neonatal Transportation Service – Referrals for special transfer teams, such as for pediatrics or newborns, are arranged by hospital staff and EMS services.

For more information visit: www.health.gov.sk.ca/pediatric-transport-service or www.health.gov.sk.ca/ambulance-road-ambulance-fees.

Home Care (care at home) – The Saskatchewan Ministry of Health provides funding to health regions that covers most of the costs of delivering home care services.

Saskatchewan's Home Care Program helps people remain at home for as long as possible. It also prevents unnecessary hospital admissions and facilitates earlier discharge.

The following Home Care Services are available to Saskatchewan residents who have been assessed as needing these services and who hold Saskatchewan Health coverage:

- assessment
- case management and care coordination
- home nursing
- homemaking (including personal care, respite and home management services)
- meals

Additional home care services may include:

- minor home maintenance
- volunteer programs such as visiting, security calls and transportation
- physical and occupational therapies when available

Note: Fees for homemaking, meals and home maintenance services are based on income and the volume of services delivered, and will vary for each individual. Saskatchewan health regions can reduce or waive home care fees in cases of serious financial hardship. There are no fees for nursing.

Special-Care Homes, Nursing Homes or Institutional Long-Term Care – The Saskatchewan Ministry of Health provides funding to health regions that covers a major portion of long-term care and respite care in special-care homes, nursing homes, health centres and hospitals.

To cover the remainder of the costs in a special-care home, residents are responsible for paying a resident charge, which is based on income. You may have additional costs such as prescription drugs, incontinence supplies and other personal items. (Based on the latest available statistics, residents pay approximately 20 per cent of the total costs of special-care home programs in Saskatchewan).

For more information, visit:
www.health.gov.sk.ca/special-care-homes/

This coverage excludes, however, lodging in personal care homes that are private residential facilities providing adults with accommodation, meals and help with personal care.

For more information, visit:
www.health.gov.sk.ca/personal-care-homes

Podiatry Program (foot care) – If you see a podiatrist (chiropodist) recommended by your physician or your local Saskatchewan health region, you will be responsible for paying a portion of the cost of your visit and for any special custom shoe inserts that may be prescribed. If you go to a private practice, you will pay the full cost.

For more information, contact your health region. See page 48.

Hearing Health Services/Hearing Aid Plan – Audiology services are available to Saskatchewan residents of all ages through the Regina Qu'Appelle and Saskatoon Health Regions, for the most part, on a cost recovery basis. These services include hearing tests, hearing aids, hearing aid accessories, earplugs, assistive listening devices, information pamphlets, counseling, and education on hearing loss and its effects on communications.

The Saskatchewan Ministry of Health provides funding to these regions and other part-time clinics at various locations throughout the province so that you pay only the cost of these services and no overhead costs. **You are responsible for the cost of the hearing test, hearing aids, hearing aid fitting, repairs and all hearing-related products and devices**.

If you go to a private audiology clinic, you will pay the full cost.

For more information, contact your local Saskatchewan health region or go online at: www.health.gov.sk.ca/audiology.

Dental Services – Routine dental services, including extractions, are not covered. However, the Saskatchewan Ministry of Health does cover the following:

- certain oral surgery procedures required to treat specific conditions caused by accidents, infection, or congenital problems
- orthodontic services for cleft palate when referred by a physician or dentist
- extractions of teeth when medically required before undertaking certain surgical procedures related to the heart, chronic renal disease, or total joint replacement by prosthesis

For more information, contact your local Saskatchewan health region or go online at: www.health.gov.sk.ca/dental-health.

Note: Supplementary Health Benefits and Family Health Benefits provide coverage for dental services. See *Special Coverage For Low-Income Families*.

If you travel out of country, **it is strongly recommended that you carry extra medical insurance in case of an accident or an unforeseen medical emergency.** The Saskatchewan Ministry of Health covers only limited physician and hospital expenses.

For more information on out-of-province health treatment, call:
Regina: (306) 787-3475
Toll-free: 1-800-667-7523
or visit:
www.health.gov.sk.ca/out-of-province

See also the *Out-of-Province/Out-of-Canada Medical Coverage* Fact Sheet.

Saskatchewan Aids to Independent Living (SAIL) Program – SAIL assists people with physical disabilities to achieve a more active and independent lifestyle and to assist in the management of certain chronic health conditions. If you have a long-term physical disability, you may be eligible to receive equipment and supplies from the SAIL Program. Some of the equipment and services include:

- free loan of mobility aids such as specialized crutches, wheelchairs and walkers, hospital beds, commodes and transfer assists. The equipment is loaned through the Saskatchewan Abilities Council.
- financial assistance for home oxygen. Services are provided by full-service home oxygen suppliers under contract with SAIL.
- a range of orthotic and prosthetic appliances provided through the Wascana Rehabilitation Centre in Regina and the Saskatchewan Abilities Council in Saskatoon.
- aids including magnifiers, talking book machines and Braille watches. These aids are provided through the Canadian National Institute for the Blind.
- therapeutic nutritional products: The program assists with the cost of specialized nutritional products for persons with complex medical conditions who rely on such products as their primary source of nutrition. Referrals are through a registered dietitian.

The following is a complete list of SAIL programs:

- Prosthetics and Orthotics Program
- Mobility and Assistive Devices (Special Needs Equipment Program)
- Therapeutic Nutritional Products Program

- Respiratory Equipment Program (SAIL Respiratory Benefits Program)
- Home Oxygen Program
- Children's Enternal Feeding Pump Program
- Compression Garment Program
- Paraplegia Program
- Cystic Fibrosis Program
- Chronic End-Stage Renal Disease
- Ostomy Program
- Haemophilia Program
- Aids to the Blind
- Saskatchewan Children's Insulin Pump Program

For more information about Saskatchewan Aids to Independent Living (SAIL), call: Regina: (306) 787-7121 or visit: www.health.gov.sk.ca/aids-independent-living.

6. The Saskatchewan Ministry of Health Does Not Cover These Services

While the Ministry of Health covers most physician and hospital services received in Canada within the publicly funded health care system, the following are exceptions:

Non-emergency services provided outside Canada unless the Saskatchewan Ministry of Health has given you prior written approval.

Extra cost of private and semi-private ward accommodation in Saskatchewan hospitals if you choose it, but your physician doesn't order it as a medical necessity.

Physiotherapy and occupational therapy services provided by private physical and occupational therapists not under contract with a Saskatchewan health region.

Speech language pathology services provided by private speech language therapists not under contract with a health region.

Hospital and medical care for certain elective treatment services such as:

- cosmetic surgery
- removal of warts and other benign lesions
- sterilization reversals
- removal of portwine stains on skin for people over 17 years old
- routine circumcision of newborn males
- health examinations provided for the following reasons:
  - for employment
  - for insurance
  - for vehicle seat belt exemptions
  - at the request of any third party such as an employer (the exception is the examination for adoption or foster parent purposes, or for sexual assault or child abuse cases)

Other services NOT covered by the Saskatchewan Ministry of Health include:

- routine eye examinations for persons 18 years or older
- podiatry services provided by private podiatry clinics within Saskatchewan, or podiatry services obtained out-of-province
- contact lenses or eye glasses including lenses and frames
- hearing services provided by private clinics within Saskatchewan or obtained out-of-province
- appliances such as hearing aids, or those such as crutches taken home from hospital
- all dental services except those described under Partial Coverage
- special duty nurses except in hospital when defined criteria are met
- naturopath and osteopath services
- massage therapy
- lodging in personal care homes (private licensed residential facilities providing adults with accommodation, meals and help with personal care). They are provincially regulated but not part of the publicly funded health system.
- international travel vaccines and associated consultation and administration of vaccines
- home care services that are not provided or funded by Saskatchewan health regions, such as services received from private homemaking and private home nursing agencies
- private midwifery services
- chelation therapy
- private counseling services
- chiropractic services except those described in *Special Coverage for Low Income Families.*

7. Special Coverage for Low-Income Families

Supplementary Health Program – Eligibility for Supplementary Health coverage is determined by the Saskatchewan Ministry of Social Services.

Those who qualify for Supplementary Health benefits are eligible for a number of health services and products. Under this program, the Saskatchewan Ministry of Health covers certain dental services, prescription drugs, medical supplies and appliances, eye care, podiatry/chiropody (foot care) services, hearing testing and hearing aid services, up to 12 chiropractic services per year, and emergency ambulance costs, surgical dressings, female contraceptive devices, incontinence aids, aerochambers and ostomy supplies.

For more information on eligibility contact:
Saskatchewan Ministry of Social Services
Regina: (306) 798-0660
Toll Free: 1-866-221-5200
TTY Regina: (306) 787-1065

For more information on services provided, contact: Saskatchewan Ministry of Health, Supplementary Health Program
Regina: (306) 787-3124
Toll-free: 1-800-266-0695
Fax: (306) 787-8679
www.health.gov.sk.ca/supplementary-health.

Family Health Benefits – The Family Health Benefits program provides benefits to low-income working families who may be receiving the Saskatchewan Employment Supplement or whose income falls below a certain level.

Eligibility is established by Saskatchewan Social Services in cooperation with Revenue Canada, using a formula that accounts for the number of children in your family and your family's annual income according to your income tax return(s) for the previous year.

Benefits are similar to those provided under the Supplementary Health Program. However, these benefits are targeted at children under 18 years old as outlined in the following table:

Family Health Benefits for Low-Income Families		
Health Benefits	**Children (under 18 years old)**	**Parents or Guardians**
Dental Coverage	Basic services	Not Covered
Prescribed Drugs	No charge for Saskatchewan Formulary drugs. (May apply for Drug Plan Special Support Program.)	$100 semi-annual family deductible; 35% consumer co-payment thereafter
Optometric Services(eye care)	Eye examinations once/year, basic eye glasses	Eye examinations covered once every two years
Emergency Ambulance	Covered	Not Covered
Medical Supplies and Appliances	Basic coverage, some items require doctor's prescription and prior approval	Not Covered
Chiropractic Services	Up to 12 services per year	Up to 12 services per year

Note: Notify Your Service Provider – In some cases, payment rates are limited by agreements with service providers or program fee schedules. Service providers will bill the

Saskatchewan Ministry of Health directly for services covered by the program. The program does not reimburse beneficiaries directly. It is your responsibility to tell the service providers in advance that you are covered by Family Health Benefits.

For more information, contact:

Supplementary Health Program Eligibility:
Saskatchewan Ministry of Social Services
Regina: (306) 798-0660
Toll-Free: 1-866-221-5200
TTY Regina: (306) 787-1065
www.health.gov.sk.ca/supplementary-health

Supplementary Health Benefits:
Saskatchewan Ministry of Health
Regina: (306) 787-3124
Toll-free: 1-800-266-0695
Fax: (306) 787-8679
www.health.gov.sk.ca/supplementary-health

8. Out-of-Province/Out-of-Canada Drug and Medical Coverage

Out-of-Province Coverage within Canada

Prior approval is not required for the vast majority of hospital and physician services received in other provinces or territories. Patients will not be billed for most services they receive while traveling within Canada. Quebec is an exception. *See Physician Services in Quebec.*

Note: The cost of travel, accommodation and meals is not covered.

For health services to be covered, you must produce a valid Saskatchewan Health Services card. Before receiving services in another province, you should **confirm that your health card is valid and will be honoured**. If you cannot produce a valid Saskatchewan Health Services card, the hospital or physician has the right to ask you to pay your bill.

Services that require prior approval are:

- alcohol and drug, mental health, problem gambling, rehabilitation services and home care;
- certain services that the Saskatchewan Ministry of Health covers in Saskatchewan, which have been excluded from the agreements, for which you may be billed directly.

Note: If you paid for physician or hospital services because you were unable to produce your Saskatchewan Health Services card, submit the bill(s) to the Saskatchewan Ministry of Health. You will be repaid at Saskatchewan rates for physician services and at reciprocal

billing rates for qualifying hospital services. (This also applies to in-province services.)

Hospital Services – Before you are admitted as an inpatient in another province, the hospital staff will ask you to sign a form declaring that you have valid coverage from the Saskatchewan Ministry of Health.

Physician Services Received in Quebec- The reciprocal arrangement for physician services applies to every province **except** Quebec. You will have to pay in Quebec and submit your physician bill(s) to the Saskatchewan Ministry of Health. You will be paid for insured services provided in Quebec at Saskatchewan rates. Costs may be higher than in Saskatchewan. For this reason, we recommend residents carry extra medical insurance.

Physiotherapy – Physiotherapy is covered **only in hospital departments** when out of province. Service from private clinics in other provinces is not covered.

For more information, visit: www.health.gov.sk.ca/out-of-province.

Drug Plan Services – If you bought a prescription drug from a pharmacy in another province or territory of Canada, you may submit the original receipt to the Drug Plan and Extended Benefits Branch, Saskatchewan Ministry of Health. You are eligible for the same drug benefits out of province as in Saskatchewan, according to Saskatchewan prices and your coverage level. Be sure to include your Saskatchewan Health Services card number with the original receipt.

Obtaining Treatment Not Available in Canada

Coverage for out-of-country treatment is only considered in **exceptional** circumstances and under certain conditions – and **must have prior approval** from the Saskatchewan Ministry of Health. Travel, accommodation and meals will not be covered.

If a specialist physician refers you outside of Canada for treatment that is not available in Saskatchewan or another province, the specialist physician **must ask for prior approval** from Medical Services Branch, Saskatchewan Ministry of Health. This requires the specialist physician to submit in writing, information and rationale on why the service cannot be performed in Canada.

For alcohol and drug, mental health, problem gambling, and rehabilitation, prior approval must be received from Community Care Branch, Saskatchewan Ministry of Health. Home care services are not covered out of Canada.

For more information, call (306) 787-4587.

Requests for out-of-country cancer treatment are assessed in collaboration with the Saskatchewan Cancer Agency (SCA). If approved in advance, the Saskatchewan Ministry of Health will pay the full cost of treatment for those items that would be covered in Saskatchewan. Again, the physician must contact the Ministry of Health on the patient's behalf to request prior approval for out-of-country coverage.

For more information, visit: www.health.gov.sk.ca/saskatchewan-cancer-agency.

If the Ministry denies the request for coverage, it may be eligible for review by the *Health Services Review Committee*. For details, visit www.health.gov.sk.ca/hsrc

Out-of-Country Coverage

Emergency Medical Care – If patients receive emergency medical or hospital care while outside Canada, they will be responsible for paying the difference between the amount charged and the amount the Saskatchewan Ministry of Health reimburses.

Note: The costs outside Canada are often much higher than in Saskatchewan. For this reason, we strongly recommend residents carry extra medical insurance when traveling outside Canada.

For more information, visit: www.health.gov.sk.ca/out-of-canada-hospital-services.

Emergency Psychiatric Services – Saskatchewan Ministry of Health provides coverage for a brief period of stabilization (five to seven days), both out-of-province and out-of-Canada.

Elective Hospital Services – Coverage for out-of-country treatment is only considered in exceptional circumstances and under certain conditions – and must have prior approval from the Saskatchewan Ministry of Health. Travel, accommodation and meals will not be covered.

Prescriptions – The Saskatchewan Ministry of Health does not cover prescriptions filled outside of Canada.

For more information, contact the Saskatchewan Ministry of Health:

Medical Services Branch
3475 Albert Street, Regina, SK S4S 6X6
Regina: 787-3475
Toll free 1-800-667-7523
www.health.gov.sk.ca/out-of-province

How to Obtain a Refund When Billed Directly for Services Received Outside of Saskatchewan, Canada or Quebec

If you are billed directly for physician services that you received outside of the province, to receive a refund:

1. Obtain an itemized bill, which includes:

For a physician's or optometrist's bill:

- name of the practitioner who provided the services
- name of your referring physician, if any
- diagnosis (and any additional clinical information if the service was unusual)
- service code(s) billed and the service you received
- location of the service (office, hospital inpatient, hospital outpatient, home, etc.)
- date of each service (except for hospital visits)
- first and last date and total number of hospital days of care by the physician
- the amount that was charged for each service

For a hospital bill:

- diagnosis
- date of service
- description of each service or procedure
- amount the hospital charged for each service or procedure
- your name and Saskatchewan Health Services number from your current Saskatchewan Health Services card
- your name if your child or ward received the service

Note: The Saskatchewan Ministry of Health will reimburse at Saskatchewan rates for insured medical services. This reimbursement will be at reciprocal billing rates for qualified

hospital services provided in Canada. The costs outside Canada are often much higher than in Saskatchewan. **Again, you are strongly encouraged to carry travel insurance when leaving Canada.**

For a prescription drug bill (within Canada only):

Be sure to include your Saskatchewan Health Services number with the original receipt.

2. Be sure the bill includes the following information from your Saskatchewan Health Services card or your dependent's card:

- patient's name
- name and address of the parent or guardian if the patient is a dependent
- patient's nine-digit Saskatchewan Health Services number
- patient's month and year of birth
- patient's gender

3. Send the above information and the bill to:

Benefits and Inquiries
Medical Services Branch
Saskatchewan Ministry of Health
3475 Albert Street
Regina, Saskatchewan S4S 6X6

Refunds for Out-of-Province Drug Costs

Forward your bills to:

Drug Plan and Extended Benefits Branch
Saskatchewan Ministry of Health
3475 Albert Street
Regina, SK S4S 6X6

For more information, visit:
www.health.gov.sk.ca/refund-for-services.

9. Privacy and the Protection of Your Health Information

Health Information Protection – Your personal health information is confidential and only certain authorized health care providers are allowed to access it. Since September 1, 2003, *The Health Information Protection Act* protects the privacy of your personal health information. At the same time, the Act ensures information is available when needed to provide you with services and to monitor, evaluate and improve the health system in Saskatchewan.

For more information, contact:
The Chief Privacy and Access Officer of the Ministry of Health at 1-306-787-2137 or visit www.health.gov.sk.ca/privacy-statement.

Masking Option - It is recognized that some people may not be comfortable with the electronic sharing of their personal health information. A masking option for eHealth programs and services is available. This option gives individuals the ability to request that their personal health information in eHealth services such as the prescription information system (PIP), the diagnostic imaging picture archive (PACS) and the lab results repository (SLRR) be hidden from view.

For more information, call the eHealth Saskatchewan Privacy Service at 1-800-667-1672 or visit www.health.gov.sk.ca/masking.

10. Contact Information

General health information and advice:
24-Hour HealthLine: 1-877-800-0002
www.healthlineonline.ca

Saskatchewan Health Services Card:
Saskatchewan Health Registration
Saskatchewan Ministry of Health
100-1942 Hamilton Street
Regina, SK S4P 4W2
Regina: (306) 787-3251
Toll-free 1-800-667-7551
www.health.gov.sk.ca/how-to-register

Drug Plan and Extended Benefits:
Regina: (306) 787-3317
Toll-free: 1-800-667-7581
Fax: (306) 787-8679
www.health.gov.sk.ca/drug-plan-benefits

Exception Drug Status:
Regina: (306) 787-8744
Fax: (306) 798-1089
Toll-Free: 1-800-667-7581
www.health.gov.sk.ca/exception-drug-status

Family Health Benefits – Health Benefit Inquiries:
Saskatchewan Ministry of Health
Regina: (306) 787-3124
Toll-free: 1-800-266-0695
www.health.gov.sk.ca/family-hlth-benefits

Family Health Benefits - Program Eligibility:
Saskatchewan Ministry of Social Services
Toll-free: 1-888-488-6385
www.health.gov.sk.ca/family-hlth-benefits

Home Care – General Inquiries:
Saskatchewan Ministry of Health
Community Care Branch
Regina: (306) 787-4587
www.health.gov.sk.ca/home-care

Kids Help Phone
1-800-668-6868

Midwifery - For more information, contact your local Saskatchewan health region or visit: www.health.gov.sk.ca/midwifery.

Northern Air Medical Evacuations:
For more information visit:
www.health.gov.sk.ca/ambulance.

Out-of-Province Health Services:
Regina: (306) 787-3475
Toll-free: 1-800-667-7523
www.health.gov.sk.ca/out-of-province.

Out-of-Province Physician and Hospital Services Refunds - Forward bills to:
Medical Services Branch
Saskatchewan Ministry of Health
3475 Albert Street
Regina, SK S4S 6X6
www.health.gov.sk.ca/out-of-province.

Out-of-Province Prescription Drug Refunds - Forward bills to:
Drug Plan and Extended Benefits Branch
Saskatchewan Ministry of Health
3475 Albert Street
Regina, SK S4S 6X6
www.health.gov.sk.ca/out-of-province.

Personal Care Homes – General Inquiries:
Saskatchewan Ministry of Health
Regina: (306) 787-1715
Saskatoon: (306) 933-5843
www.health.gov.sk.ca/personal-care-homes

For concerns about a specific personal care home, please read, complete and submit your concern on the complaint/ concern reporting form at:
www.health.gov.sk.ca/personal-care-homes.
See Related Documents – personalcarehomes-complaint-form.pdf.

Poison Information:
Saskatchewan Poison Centre:
1-866-454-1212
www.health.gov.sk.ca/poison-centre

Problem Gambling Prevention and Treatment Services:
24-Hour Problem Gambling Help Line:
Toll-free 1-800-306-6789
www.health.gov.sk.ca/problem-gambling

Quality of Care Coordinator/Client Representative - Call your local Saskatchewan health region or locate your local Quality of Care Coordinator or Client Representative online at: www.health.gov.sk.ca/quality-of-care-coordinators

Road Ambulance: Call 911 or contact your local Saskatchewan health region. For more information visit: www.health.gov.sk.ca/ambulance-road-ambulance-fees

Saskatchewan Aids to Independent Living Program (SAIL):
Regina: (306) 787-7121
Fax: (306) 787-8679
www.health.gov.sk.ca/aids-independent-living

Saskatchewan Air Ambulance Program:
Saskatoon: (306) 933-5255
24-Hour Emergency In Saskatoon 933-5360
24-Hour Emergency Toll-free 1-888-782-8247
www.health.gov.sk.ca/saskatchewan-air-ambulance

Saskatchewan Cancer Agency:
Regina: (306) 766-2213
Saskatoon: (306) 655-2662
www.saskcancer.ca

Saskatchewan Pediatric and Neonatal Transportation Service:
For emergency service call 911.
For more information visit: www.health.gov.sk.ca/pediatric-transport-service

Saskatchewan Seniors' Drug Plan
Regina: (306)787-3317
Toll Free: 1-800-667-7581
www.health.gov.sk.ca/seniors-drug-plan

Smokers' Helpline:
Toll-free: 1-877-513-5333
www.smokershelpline.ca

Special Support Program:
Regina: (306) 787-3317
Toll-free: 1-800-667-7581
or contact your pharmacy
www.health.gov.sk.ca/special-support-program

Supplementary Health Program Eligibility:
Saskatchewan Ministry of Social Services
Regina: (306) 798-0660
Toll-Free: 1-866-221-5200
TTY Regina: (306) 787-1065
www.health.gov.sk.ca/supplementary-health

Supplementary Health Benefits:
Saskatchewan Ministry of Health
Regina: (306) 787-3124
Toll-free: 1-800-266-0695
Fax: (306) 787-8679
www.health.gov.sk.ca/supplementary-health

Surgical Care Coordinator - Contact your surgeon's office or your local Saskatchewan health region Surgical Care Coordinator:
Saskatoon: 1-866-543-6767
Regina Qu'Appelle: 1-866-622-0222
www.health.gov.sk.ca/surgical-care-coordinators

Saskatchewan Surgical Care Network:
www.sasksurgery.ca

11. Saskatchewan Health Regions

Athabasca Health Authority
Box 124
Black Lake, SK S0J 0H0
Inquires: (306) 439-2200
Fax: (306) 439-2211
www.athabascahealth.ca

Cypress
429 – 4th Avenue North East
Swift Current, SK S9H 2J9
Inquiries: (306) 778-5100
Fax: (306) 773-9513
www.cypresshealth.ca

Five Hills
455 Fairford Street East
Moose Jaw, SK S6H 1H3
Inquiries: (306) 694-0296 or
Toll-free: 1-888-425-1111
Fax: (306) 694-0282
www.fhhr.ca

Heartland
Box 2110
Rosetown, SK S0L 2V0
Inquiries: (306) 882-4111
Fax: (306) 882-1389
www.hrha.sk.ca

Keewatin Yatthé
Box 40
Buffalo Narrows, SK S0M 0J0
Inquiries: (306) 235-2220 or
Toll-free: 1-866-274-8506
Fax: (306) 235-4604
www.kyrha.ca

Kelsey Trail
Box 1780
Tisdale, SK S0E 1T0
Inquiries: (306) 873-6600
Fax: (306) 873-6605
www.kelseytrailhealth.ca

Mamawetan Churchill River
Box 6000
La Ronge, SK S0J 1L0
Inquiries (306) 425-2422
Fax: (306) 425-5513
www.mcrrha.sk.ca

Prairie North
1092 107th Street
North Battleford SK S9A 1Z1
Inquiries: (306) 446-6606
Fax: (306) 446-4114
www.pnrha.ca

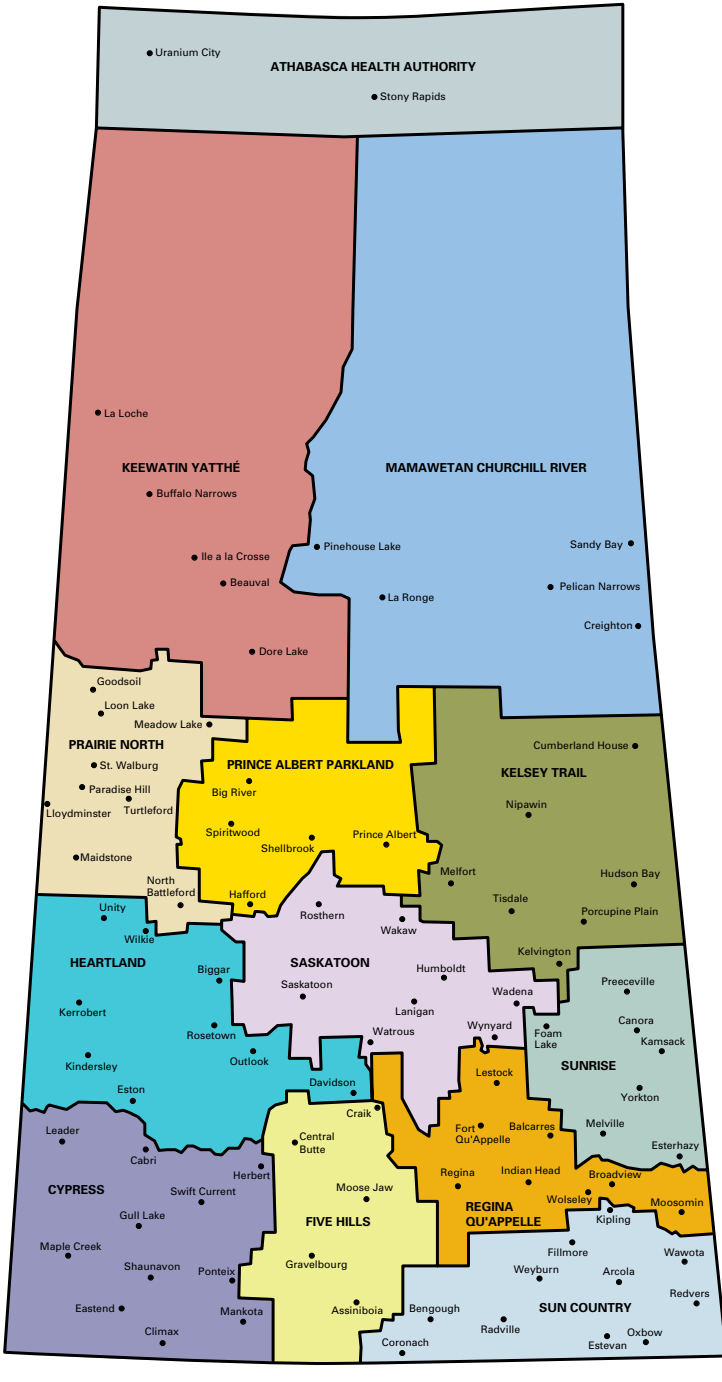
Prince Albert Parkland
Box 5700
2345 10th Avenue West
Prince Albert SK S6V 7V6
Inquiries: (306) 765-6600 or
Toll-free: 1-800-922-1834
Fax: (306) 765-6096
www.paphr.sk.ca

Regina Qu'Appelle
2180 23rd Avenue
Regina SK S4S 0A5
Inquiries: (306) 766-7792
or (306) 766-7777
Fax: (306) 766-5414
www.rqhealth.ca

Saskatoon
6th Floor, Royal University
Hospital
103 Hospital Drive
Saskatoon SK S7N 0W8
Inquiries: (306) 655-3300
Fax: (306) 655-1037
www.saskatoonhealthregion.ca

Sunrise
Park Unit,
270 Bradbrooke Drive
Yorkton, SK S3N 2K6
Inquiries: (306) 786-0100
Fax: (306) 786-0122
www.sunrisehealthregion.sk.ca

Sun Country
Box 2003
Weyburn, SK S4H 2Z9
Inquiries: (306) 842-8399 or
Toll-free: 1-800-696-1622
Fax: (306) 842-8738
www.suncountry.sk.ca


ATHABASCA HEALTH AUTHORITY
Uranium City
Stony Rapids
KEEWATIN YATTHÉ
La Loche
Buffalo Narrows
Ile a la Crosse
Beauval
Dore Lake
MAMAWETAN CHURCHILL RIVER
Pinehouse Lake
La Ronge
Sandy Bay
Pelican Narrows
Creighton
PRAIRIE NORTH
Goodsoil
Loon Lake
Meadow Lake
St. Walburg
Paradise Hill
Lloydminster
Turtleford
Maidstone
North Battleford
PRINCE ALBERT PARKLAND
Big River
Spiritwood
Shellbrook
Prince Albert
Hafford
KELSEY TRAIL
Cumberland House
Nipawin
Melfort
Hudson Bay
Tisdale
Porcupine Plain
Unity
Wilkie
HEARTLAND
Biggar
Kerrobert
Rosetown
Outlook
Kindersley
Eston
SASKATOON
Rosthern
Wakaw
Saskatoon
Humboldt
Lanigan
Watrous
Wadena
Wynyard
Kelvington
Foam Lake
SUNRISE
Preeceville
Canora
Kamsack
Yorkton
Melville
Esterhazy
Lestock
Davidson
Craik
Central Butte
Moose Jaw
FIVE HILLS
Gravelbourg
Assiniboia
Fort Qu'Appelle
Balcarres
Regina
Indian Head
Broadview
Wolseley
Moosomin
REGINA QU'APPELLE
Kipling
Leader
Cabri
Herbert
CYPRESS
Swift Current
Gull Lake
Maple Creek
Shaunavon
Ponteix
Eastend
Mankota
Climax
Fillmore
Wawota
Weyburn
Arcola
Redvers
SUN COUNTRY
Bengough
Radville
Oxbow
Estevan
Coronach

Notes:

Notes:

Notes:

Other Important Telephone Numbers

Doctor _____

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Doctor _____

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Doctor _____

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Pharmacy _____

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Dentist _____

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Optometrist _____

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Mammogram Clinic _____

Public Health Office _____

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Government of Saskatchewan
Ministry of Health

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